

Elzette Fritz (D.Ed Psych; M.Ed Psych; B.Ed Psych; HED; BA) is a registered Educational Psychologist and Psychotherapist in private practice since 1997, after having been appointed as a contract lecturer at the Rand Afrikaans University shortly after completing her internship in 1994. She currently runs her practice from Leeuwenhof Akademie – private Afrikaans school, where she also sees clients not part of the Leeuwenhof community. In July 2004, Dr. Fritz was appointed the position of senior lecturer at the previously known Rand Afrikaans University (currently the University of Johannesburg) in the Faculty of Education, Department of Education and Nursing (currently Department of Educational Psychology in the Faculty of Education). Elzette was responsible for the coordination of the Masters Educational Psychology programme and she was also responsible for the module Therapeutic Interventions in this programme. On the Honours level she coordinated and presented the module Basic Counselling skills. On the undergraduate level she was the coordinator for the module Life Orientation B. As coordinator and lecturer, it was her responsibility to compile course work material, write learning guides and supervise the practical application of the theory in the field of counselling and educational psychology.

Elzette has continued her involvement with the Department of Educational Psychology as a research and teaching associate at the University of Johannesburg, South Africa, after having resigned in 2013. She also supervises Honours and Masters students in the practice of psychology. She is a part time lecturer at the South African College for Applied Psychology (SACAP) on the undergraduate level, specifically for the modules Developmental Psychology B and Diversity in the SA context.

Elzette is a fellow director of MEISA (Milton Ericksonian Institute of South Africa) that provides training to professionals in Ericksonian hypnotherapy and ego state therapy and the previous president of SAPSAC (South African Professional Society for the Abuse of Children). Elzette has been trained through the Milton Ericksonian Institute of South Africa in Ericksonian. She is internationally registered in ego state psychotherapy, as practitioner, trainer and supervisor, and her specialization lies in the domain of using creative expressive arts in engaging ego states in psychotherapy. She has presented at international and national conferences on the utilization of Ericksonian principles in conjunction with ego states therapy, especially utilizing creative expressive arts in psychotherapy. Elzette served on the educational psychology divisional board of PSYSSA (Psychological Society of South Africa) in 2016.

Elzette is the co-editor to 'The supervision of counselors in South Africa' and wrote chapter 11 Metaphors in supervision. She is also the co-author to the chapter Engaging clients

actively in telling stories and actualizing dreams in the book *Shaping the story. A guide to facilitating narrative counseling* with Kobus Maree as editor. She has also co-authored a chapter titled *Indigenous knowledge and learning development* with Tumi Diale for the book *Community psychology. Analysis, context and action* with Duncan, N, Bowman, J, Naidoo, A, Pillay, J and Roos, V as editors. In 2014 she contributed a chapter titled *Flowing between assessment and therapy through creative expressive arts* for the book *“Thinking innovatively about psychological assessment in contexts of diversity”* (published 2016) with Ronel Ferreire as editor. She contributed a chapter titled *Exploring Ego States through creative expressive arts therapy: A case study of an adolescent girl* for the German book *“Der singende Pantomime“*, published 2014 with Wiltrud Brächter as editor. In 2014 Elzette co-authored with Grethe Lamprecht the chapter *Lifelines/timelines: Considering life themes* for the book *“Career Assessment: Qualitative Approaches”* with Mary McMahon and Mark Watson as editors.